



Kumu Kaleo Wheeler

**Speaker & Storyteller |
Hawaiian wisdom keeper,
Spiritual Teacher, Voice
Medicine Guide and Podcast
Host & Guest**

Kaleo Wheeler is a Kumu — keeper of an ancient Hawaiian lineage of living Aloha — entrusted to her by Kumu Mahealani Kuamo'o Henry, a Kanaka Maoli elder. With over 40 years of experience in Hawaiian spiritual teachings, ceremony, and Voice Medicine, Kaleo guides women in midlife or beyond to remember their inner authority and innate perfection — their Mana Iho, — and use their voice as a living language with Kanawai Moaka'aka, the Smiling Law of Attraction & Manifestation, to create the life they choose.

When Kaleo speaks, she creates an experience. Through story, presence, and the resonance of her voice, she draws audiences into a deeper connection with themselves — where they begin to feel, remember, and reconnect with their own inner knowing. Her message is rooted in something ancient, indigenous, and timeless — and needed now more than ever in today's world.

"Kaleo is incredible—one hell of a woman, a true spitfire with bold energy that lights up a room, yet grounded in a quiet, magnetic wisdom. She speaks with ease, sharing just enough to inspire and leave us wanting more. Her presence, her spirit, her energy is empowering, reminding us of our own strength and wisdom. Simply put, she is amazing."

-Suzanne Evans, Speaking & Business Coach

"When experiencing Kaleo speaking and telling her stories, you experience being totally involved with her as she is fully present in the world of the story she is sharing. She draws the audience in to open their hearts and be a part of that story with her. A true storyteller! Absolutely beautiful!"

Sekou Miller, The Alvin Alley Theater, New York City

We are living through a threshold moment. The old way is falling away, but the new is not yet clear. Women everywhere are exhausted from trying to hold everything together — and quietly wondering if something is wrong with them. Nothing is wrong. They are standing at a sacred doorway.

Through the Hawaiian Heart of Aloha system — rooted in Aloha Lokahi, with its practices of Ho'opono Pono Ke Ala, and Kanawai Moaka'aka — Kumu Kaleo offers women a living, practical map back to themselves, and into a new way of walking forward individually and together.

TOPICS

- The 3 Keys to Finding Peace in Chaos: Living the Ancient Hawaiian Way of Aloha in Today's Modern World
- The 3 Secrets to Why You Keep Talking Yourself Out of Your Own Inner Knowing *For the Woman in Midlife & Beyond*

QUESTIONS

- What is Aloha Lokahi and why is it so needed?
- What is Ho'opono Pono Ke Ala, Making Right More Right, the Path?
- What is Kanawai Moaka'aka, the Hawaiian "Smiling Law" of Manifestation?
- What is Mana Iho & How does it connect to our Inner Authority?
- Why do we keep talking ourselves out of our inner knowing?
- How do you use your voice as a living language to create your reality?

CONNECT

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Kumu Kaleo Wheeler

Speaker & Storyteller | Keeper & Teacher
of an Ancient Hawaiian Spiritual Lineage |
A Guide to Women in Midlife | Podcast
Host | Recording Artist



Kaleo Wheeler has been described as a bright, talented, passionate, intellectual and altruistic visionary with a gift for drawing people into the heart of her stories.

Kaleo's career spans 40+ years as a Speaker, Storyteller, Spiritual Teacher and Guide to Women, Professional Singer, Recording Artist, and Teacher of Hawaiian Sacred Hula.

Her passion and purpose in sharing her message comes from her own personal journey of transformation — from early trauma and negative conditioning that followed her into her adult life — to who she is today as a Kumu, a keeper of an ancient Hawaiian lineage of Living Aloha. It is this path that guided her in remembering and coming home to her own inner authority and innate perfection. She is now committed to sharing this with other women — teaching and guiding them to step out from beneath the old conditioning, remember their inner authority, and embrace their innate perfection, no matter what is happening in the world around them.

These teachings come from the ancient Hawaiian spiritual system of Living Aloha, entrusted to her by Kumu Mahealani Kuamo'o Henry, a Kanaka Maoli elder — with its practices of Ho'opono Pono Ke Ala, Making Right More Right, the Path, and Kanawai Moaka'aka, the Hawaiian Smiling Law of Attraction and Manifestation. Together these form the foundation of The Heart of Aloha, the unique system Kaleo has created and now shares.

Kaleo's extensive background includes in-depth study with master Hawaiian spiritual teachers in Hawai'i and on the mainland since the late 1980s; 14 years apprenticing with a Native American spiritual teacher working with the Divine Feminine; training as a licensed practitioner of Jin Shin Do® Bodymind Acupressure® from 1988 to 2007; and as a Voice Specialist and Sound Healer through the Somatic Voicework, the LoVetri Method from 1983 to 2004.

She has been speaking, performing, and sharing her stories in person throughout the US and Canada — and now virtually online, including through her podcast, Her Voice Rising: Ignite Your Inner Brilliance. Today her focus centers on carrying forward the message of Aloha and 'Ohana — spiritual partnership — at a time when it is most needed, teaching and guiding women in midlife through her podcast, private sessions, workshops, and retreats to remember their inner authority and innate perfection, and to step into the new world we are collectively moving into — rooted in love, unity, community, and co-creation.



Connect with Kaleo

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